

# March 2011 Roundtable Handouts

## Theme: Respect

### *Respect*

Core Value of the Month

**Respect:** Showing regard for the worth of someone or something. Through interacting with pack families, Cub Scouts will develop appreciation and respect for different families and traditions. Through pack service projects, they will learn to treat the environment with care.

#### **Cubmaster Corner**

**Many Types of Families:** Cub Scouting is a program for boys. It is also a program for the family. Cubmasters need to be aware that many Cub Scouts do not come from traditional two-parent homes. Some boys live with a single parent, other relatives, guardians, or foster parents. Cub Scouting considers a boy's family to be the people with whom he lives. Everyone will appreciate your being aware of the family makeup of boys in the pack and formulating appropriate ways of parental involvement in recognition ceremonies. In most packs, the Arrow of Light recognition ceremony for Webelos Scouts will occur in two months. Be sure that opportunities are available for these boys to complete specific requirements. Plan a ceremony that is both meaningful and memorable for the Webelos Scouts and their families.

#### **Program Highlights**

##### **Academics and Sports**

The Cub Scout Academics and Sports program is a great way to help fulfill the aims of Scouting—building character, developing citizenship, and encouraging mental and physical fitness. This month you might feature these belt loops and pins.

**Good Manners:** Cub Scouts will learn to be polite and respectful, write a thank-you note to someone who has given them something or done something nice for them, and know how to introduce two people correctly and politely.

**Ice Skating:** Ice Skating is a great winter activity for Cub Scouts. As they learn to ice skate, they can apply their skills to earn the Ice Skating belt loop and pin. See the *Cub Scout Academics and Sports Program Guide* for more information.

#### **Core Value: Respect**

##### **Outing in Scouting**

**Cub Scouts.** Visit an outdoor holiday display. Go ice skating or roller skating.

**Webelos Scouts.** Take a day hike. Be sure to gauge the weather carefully and take layers of clothing as needed.

# The Pack Meeting *Respect*

## Before the Meeting

Plan to set up with plenty of time to spare so you can start the meeting on time. Set aside display areas for dens to share their activities with all families. If collecting items for a Good Turn project, set up a special area for families to drop off items. Set up the refreshment table away from the regular meeting area.

## Gathering

Greeters welcome the Cub Scout families and show them where to place their contributions. Direct families to the refreshment table where they can leave their snacks.

### *Preopening Activity* *Holiday Handshake*

As families arrive, give each person five holiday- or season-related stickers. Invite them to walk around the room and introduce themselves to five other people, shaking hands, and presenting each person with a sticker, who may then stick it on his or her shirt. Encourage them to meet pack families they do not know well.

## Opening

### *Opening Ceremony*

Have a pre-assigned den present the colors and lead the Pledge of Allegiance. Or select a different ceremony from *Cub Scout Ceremonies for Dens and Packs*.

### *Prayer (Cub Scout or Leader)*

“During this holiday season and every day of the new year, please help us remember to have respect for others and to do our Good Turn daily with a joyful heart.”

### *Welcome and Introductions*

The Cubmaster welcomes all Cub Scouts and families, and introduces any special guests. The Cubmaster might have an extra large jingle bell and ring it as he or she draws the attention of the boys.

## Program

### *Den Demonstrations*

Dens are invited to share information about their activities this month. Dens may share songs, perform a skit, show den projects completed, or share information from their trips in the community or Good Turns.

### *Game*

#### *Carrying Goodwill Relay*

*Materials:* Three gift-wrapped boxes, similar in size, per team. Divide participants into teams. Pair up the players within each team and station them about 10 feet apart. On signal the first pair carries the three boxes with two hands, each boy using one hand as shown. The object is to carry the gifts to the next pair without dropping them. If they drop the gifts, they must stop and pick them up before going on. Cheer for all players for their efforts.

## Recognition

Use the ceremony below or use a ceremony from *Cub Scout Ceremonies for Dens and Packs*.

### *Snowflake Ceremony*

*Materials:* A large cut-out snowflake, awards attached to small snowflake cutouts.

CUBMASTER: (*Holding the large snowflake*) This giant snowflake is a symbol of the wonder of the winter season. No two snowflakes are alike, and each is one of the most beautiful objects formed by nature. In the same way, every Cub Scout is a unique wonder, learning and progressing through life in his own way. Tonight, we have Cub Scouts who are creating their own singular designs in life by traveling further along the Cub Scout trail. (*Call forward the Cub Scouts and their parents or guardians. Present awards.*) Congratulations!

## Closing

### *Announcements*

Encourage all boys to continue with their advancement. Announce the date and time of next month's pack meeting. Distribute pinewood derby kits to the boys.

### *Cubmaster's Minute*

Like snowflakes, we are all different and unique. We must show respect for our fellow man. Respect for his beliefs, respect for his belongings, respect for his privacy, and respect for the ground he walks on and the air he breathes. In so doing, we show respect for ourselves and secure freedom for all.

## **Closing Ceremony**

### **Holiday Candles**

*Setup:* Turn off the room lights; each denner holds a single candle.

CUBMASTER: This is the season of lights. It is the time when the days are shorter and the nights are longer. But somehow the world seems brighter. Thousands of homes burn candles to light the way for the Christ child. Thousands more have candles burning to commemorate the miracle of Hanukkah. Thousands will be lighting the candles to symbolize the seven principles of Kwanzaa. Even the stars in the winter sky seem brighter. But the most brilliant glow comes from the spirit of goodwill that you live all year through the Cub Scout Promise and the Law of the Pack.

## **After the Meeting**

Refreshments

Cleanup

## Respect Opening Ceremony (After the flag ceremony)

For this ceremony, have each Cub Scout read one line. As they say each letter in "Respect" they should hold up a sheet of paper with the letter written on it for all to see. So when they finish, everyone should be able to see that they have spelled out "Respect".

### **Cubmaster:**

This month, we think about respect.

R is for remembering the kind things others have done for us

E is for everyone who has a unique talent

S is for self because we must also respect ourselves

P is for peace among nations

E is for ecology which is how we respect our world

C is for community and working together

T is for trusting in each other

So this month let's try extra hard to show respect to ourselves, to others, and to our world.

Note: Another way you can do this is to have a pool noodle and make a cut length wise and use laminated letters.

## REMEMBERING YOUR COLORS

by: Dave Tracewell

Remember Me? Yeah, that's right, red & white stripes, fifty stars on a blue field in the upper left corner, I am your Flag, but I've also been know by "Old Glory", the "Stars and Stripes", and the "Star Spangled Banner". Whatever you call me, I am the flag of the United States of America. I remember years ago that people used to honor me, fly me with pride outside their homes and at work, and children in school would Pledge their Allegiance to me every day. They would carry me in parades and people would watch and salute me with pride as I passed by, proudly waving in the wind.

When men and woman saw me coming, the men removed their hats and placed it over their hearts and the women placed their right hands over theirs. And their children were taught respect for the flag, and what to do as well. Now I'm lucky if they even recognize me, or even notice at all. Now, the young boys and girls make fun of those who carry me, and call them names. They haven't learned, or don't remember about the thousands of men and women who gave up their lives for me, people who knew the meaning of Freedom, Liberty, Justice, and Peace.

Why has this happened? I'm still your American Flag. I haven't really changed that much... just added a few stars over the years, been a whole lot more places, and through it all, stood strong by you. Why don't people respect me the same way they used to? A lot of blood has been shed since those parades of long ago. A lot more men and women have died defending me. When you honor me, you honor those men and women who gave up every- thing for your freedom. When I am flown, I see people not notice. When I am in a parade, I see people just stand there, with their hands in their pockets. I may get a small glance, but then you look away. Next time, please notice and respect me. Next time stand and be proud to be an American Citizen!

I see the young children of today running around and not being taught how to act when I'm around. Don't the parents of today care? Don't they know how to act? I saw one man start to take off his hat and looked around and saw no one else doing it, so just put it back on. I saw some kids calling the Boy Scouts who were carrying me names and making fun of them. I saw many just sit there as I passed by, talking with one another like I didn't even exist. Is it now wrong to be patriotic? Have today's Americans forgotten what I stand for and where I've been?

If you don't care, who will? If you don't teach our children what I stand for, and how to act around me, who will? If our children don't learn how to respect our flag, what it means to defend our country, and how important Freedom, Liberty, and Patriotic Duty is, what future does our mighty country have? So, when you see me, stand straight, think about what I stand for, think about all of the Americans that have died for our country, and place your right-hand over your heart or salute to honor me. I'll be saluting you back by waving strong and proud in the wind. And I'll know that you remembered me.

# Games

## Marble Drop Game

**Required:** 4 marbles per scout

**Notes:** Fun game for indoors.

May reduce the number of marbles each scout starts with as they advance to speed it up.

### **Instructions:**

Each scout has 4 marbles.

Split in pairs.

One scout stands with heels together and toes apart at 90 degrees. Other scout stands 5 feet away and tosses or rolls a marble between the first's feet.

If it does not stay between the feet, then the marble is lost and the first scout gets it.

If it stays between the feet, then the first drops a marble from waist height to hit it. If he misses, his marble is lost. If he hits it, he gets both marbles.

Now, first scout tosses marble at second scout.

Repeat until someone losses all marbles.

Winners advance to finals to find the Marble Drop champion.

## **Ping Pong Air Hockey Game**

**Required:** Card table, ping pong ball, and 2, 4, 6, or 8 scouts

### **Instructions:**

Put a scout on each end of the table or 1 scout on each side or 2 scouts on each side.

Place the ping pong ball in the center of the table.

The object is to blow the ball off any side of the table but your own. (If only 2 scouts, then you must blow it off the far end).

You may not touch the ball or table with any body part or clothing.

Score 2 points if the ball falls off your side of the table. Score 1 point if you touch the ball or table.

Scout or team with the lowest score after a time limit is the winner.

# Pinguard Game

## Required:

20 or more scouts.

As many dodge balls as you can get.

6 plastic bottles or bowling pins.

## Notes:

It really works best in a gym with walls to keep the balls in the area.

It's good to mix up teams after every round or two if you are just playing for fun.

## Instructions:

Divide in 2 teams.

Use a basketball court or tennis court sized area.

At each end of the court, each team sets up 3 bottles as targets. Each target can have a guardian to protect the bottle, but does not need one. He must stand behind the bottle and can only reach in front of it to deflect thrown balls.

Line all balls up on the center line and all scouts on their end line.

On the whistle, scouts run to the center, grab a ball, and throw at opponents. If you are hit, you immediately drop your ball, run to the sideline and wait in line at the center line. You may NOT deflect a hit with a ball held in your hands - that counts as getting hit.

If someone on your team catches a ball thrown at him before it bounces, then the first scout waiting in line on the side gets to rejoin the game.

If a guardian is hit, he is not out of the game. He can take a hit instead of letting it hit the bottle. That is why it must be obvious who a guardian is by standing directly behind the bottle.

If a bottle is knocked down by any means (ball thrown, guardian touching it, rebounded ball from the back wall, ...) it stays down and that guardian runs to the sideline to wait in line.

The last team with a target standing wins the round



## ***Poachers and DNR***

### **Equipment**

- 50 animal cards (8 cm squares cut from cardboard: draw an animal outline or write an animal name on each)
- Strips of paper 2 cm x 20 cm in two colors for "lives"
- Safety pins one per player and some extras

### **To Play (15 minute rounds)**

Hide the cards randomly throughout the play area. Explain that it is a wildlife reserve and hunting is prohibited.

Organize the troop into two equal teams and assign a color to each. Players pin a life of the appropriate color to their right shoulder.

Name one team the DNR (conservation officers), who ensure there is no hunting in the preserve. Name the other team the Poachers, who try to capture animals and take them back to their hunting lodge.

Designate a zone at one end of the play area the hunting lodge. Poachers begin the game at the lodge and DNR scatter through the whole preserve area. Set a time of 15 minutes for the game.

On a signal, Poachers set out to hunt animals, capture them by putting the cards in their pocket, and return to the hunting lodge without being caught.

Poachers may capture only one animal on each trip from the lodge.

DNR try to arrest Poachers with animals. They make the arrest by removing the life from a Poacher's shoulder.

If the Poacher has an animal, he must surrender it and return to the hunting lodge for a new life. If he isn't in possession of an animal, the arrest is unlawful and the DNR must return the Poacher's life. Poachers may not capture DNR.

When time is up, bring together the troop and tally up the number of animals captured and the number saved by the DNR. Gather up all the animal cards, including those still hidden in the area, send out leaders to hide them again, switch team roles, and play another 15 minute round.